

# LBC Volleyball Tryout Checklist

**In order to attend LBC Volleyball tryouts, the following documents are required, LBC will retain the provided documents:**

- 1) Copy of the players birth certificate or passport
- 2) Non-refundable tryout fee; Personal check payable to LBC Volleyball
- 3) USA Volleyball Player Medical USAV Medical Release Form ([MUST DOWNLOAD!](#), click here)
- 4) USA Volleyball and RMR Volleyball require all players and staff to be members of USA Volleyball if they intend to participate in USAV events including tryouts.
  - Active members of USAV need to affirm they have a membership when registering for a tryout session.
    - Active Members are Winter Member (even for a different USAV Club) from the most recent winter season, or Current Summer Season Member
  - Non- USAV Members, create a membership at [NEW USAV players](#); Select a “Junior Summer Tryout Membership” (\$15.00) good only from 7/1 through 10/31 of current calendar year.

**NOTE:** All players joining a USAV approved club MUST renew their membership no sooner than October 1<sup>st</sup> and no later than beginning club sponsored events (ex. Team meetings, practices, etc.)

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## NEED TO KNOW

- Posted tryout times are when players will be on the court stretching then competing. Doors open prior to the tryout time for check in.
- LBC Volleyball teams play in an extremely competitive league; thus, Players need to understand they will be coached in a manner to achieve growth of skills and execution in a competitive environment at practices and against opponents. This is not “bump and giggle” volleyball.
- Tryouts are a very competitive setting thus proper athletic shorts, shirts, shoes, knee pads, and preferred protective equipment should be worn. Players should bring refillable spill proof water bottles with clear identification of owner on the bottle.
- Pictures of all players will be taken during tryouts for the purpose of player identification and data gathering. Pictures will consist of individual player head shot and various miscellaneous action shots.

## EVALUTATIONS

- During tryouts all player’s skills, attitude, effort, and interaction with other players as well as staff will be are evaluated and scored by the entire coaching staff. Evaluation “scores” will not be shared.
- All coaches and director are involved in the team selection process, the head coach for each team has the final say.
- Player interview forms are part of the tryout process and weighed in conjunction with their tryout performance.
- Upon request we will happily provide player feedback through email should a player not be offered a position. We support this process in support player education and this can be a helpful tool to achieve desired goals. We ask for 2- 3 weeks for our response as this is a very busy time for our staff.

## “OFFERS” and TEAM CONSTRUCTION

- **Written** contract offers to players that ***are not currently affiliated*** with LBC Volleyball will be submitted no earlier than 10am of the 3<sup>rd</sup> Friday of July.
  - RMR has a recruiting policy that you are encouraged to read as it protects the players and families from having to make on the spot decisions during the recruiting period.
  - wary of clubs requiring immediate (5 minutes, 30 minutes, “before you leave the gym”) responses
  - PLEASE Report any club that is not abiding by this policy to RMR Volleyball to help us protect you and your friends.
- **Verbal** offers are permitted to be extended to players/ families during tryouts however verbal offers and any commitment to verbal offers are non-binding by either party.
- LBC Volleyball is committed to following our promises both verbal and written.
- Players not initially offered contracts may be “next in line” should a position be declined. When this occurs, the player will be contacted by the Director. We encourage those not initially offered a position to remain somewhat hopeful for the week following the tryout.
- Teams are built by position (Best OH, Best Setter, etc.), contract offers are not for specific positions on a team.
- Players that have played for an LBC coach previously are not guaranteed a spot on any team and are not guaranteed to make the same team as last season. It is a new, equal opportunity to earn a spot on any team.